

OPEN 7 DAYS

Sun to Wed:
11:30am - 2pm | 5:30pm - 9pm

Thurs to Sat:
11:30am - 3pm | 5:00pm - 9pm

BOOK ONLINE
tsports.com.au



RESTAURANT MENU

MEMBERS PRICING
JOIN TODAY FOR ONLY \$2.5

STARTERS

	M	NM		M	NM
BAKED BRIE (GFO) served with toasted turkish bread, burnt honey & crispy prosciutto	16	18.5	SATAY CHICKEN SKEWERS (GF) grilled chicken skewers marinated in satay sauce (5)	18	20.5
TRIO OF WAGYU SLIDERS wagyu beef patty, American cheese, pickle, red onion, bacon jam on brioche buns	18	20.5	CHILLI & GARLIC PRAWNS (A) (DF) qld tiger prawns, with orange & fennel salad & sumac yoghurt	22	25
SPRING ROLLS (V) (DF) deep fried thai style vegetable spring rolls (4) with chilli soy dipping sauce	15	17.5	GARLIC BREAD (V) lightly toasted sourdough with garlic butter add cheese add bacon & cheese	10 12 13	11.5 14 15
SALT & PEPPER CALAMARI (I) (GF) (DF) seasoned fried squid, served with garlic aioli dipping sauce	14	16	CHICKEN WINGS (500G) (DF) fried chicken wings with your choice of sauce: buffalo, bbq, or honey soy	18	20.5
WEDGES served with sweet chilli & sour cream	14	16			

CHAR GRILL

SERVED TO YOUR LIKING, WITH YOUR CHOICE OF TWO SIDES & SAUCE

	M	NM		M	NM
300G CLUB T-BONE MBS1	36	40.5	350G GRASS FED RIB FILLET MBS2	46	51
300G STRIPLOIN MBS2	34	38	400G BLACK ANGUS RUMP MBS4	44	49
300G WAGYU RUMP MEDALLION MBS8-9	42	47	200G BLACK ANGUS RUMP MBS4	25	28.5
SIDES: chips mash steamed veg roast veg side salad					

SAUCES: café de paris butter | gravy (GFO) mushroom | garlic red wine jus | diane | pepper brandy | tomato | bbq

UPSIZE & ADD A TOPPER:

salt & pepper calamari (I) \$8 (9.5 NM) / garlic prawns (A) \$12 (14 NM) / eggs (2) \$5 (6.5 NM) / bacon \$5 (6.5 NM)
grilled chicken \$7 (8.5 NM) / fried chicken \$8 (9.5 NM) / extra sauce \$3 (4.5 NM)

EXTRA SIDES:

chips \$6 (7.5 NM) / mash \$5 (6.5 NM) / steamed veg \$7 (8.5 NM) / roast veg \$7 (8.5 NM) / side salad \$5 (6.5 NM)

GF - GLUTEN FREE | GFO - GLUTEN FREE OPTION | V - VEGETARIAN | DF - DAIRY FREE | DFO - DAIRY FREE OPTION | MBS - MARBLE SCORE
PLEASE DISCUSS ANY SPECIAL DIETARY REQUIREMENTS WITH OUR STAFF

SEAFOOD CLASSIFICATIONS: (A) = AUSTRALIAN | (I) = IMPORTED | (M) = MIXED ORIGIN

SIGNATURES

	M	NM		M	NM
CHILLI PRAWN PASTA (A) qld king prawns, chorizo, garlic, onion, chilli, cherry tomato & harissa sauce	32	36	CRISPY SKIN BARRAMUNDI (A) crispy skin barra, served with roasted potato, greens & roasted red pepper sauce	34	38
SPAGHETTI BOLOGNAISE (GFO) (DFO) topped with fresh herbs & fresh shaved parmesan cheese	21	24	CRISPY SKIN DUCK BREAST (GF) served on a potato rosti with roasted baby beets, seasonal greens & orange herb butter	34	38
PORK STRIPLOIN 300G (DF) (GF) Roasted pumpkin, bok choy, miso caramel glaze	28	31.5			

PARMIGIANAS

SERVED WITH YOUR CHOICE OF TWO SIDES & SAUCE

	M	NM		M	NM
MEAT LOVERS chicken schnitzel, ham, bacon, sausage, pepperoni, bbq sauce, melted cheese blend	37	41	TRADITIONAL chicken schnitzel, ham, napoli sauce, melted cheese blend	31	35
GARLIC PRAWN (I) chicken schnitzel, with sliced prawns, creamy garlic sauce, melted cheese blend	34.5	38.5	HOT & SPICY chicken schnitzel, napoli sauce, ham, jalapeños, mozzarella cheese, topped with sriracha	36	40.5
HAWAIIAN chicken schnitzel, shaved ham, pineapple, napoli sauce, melted cheese blend	32.5	36.5			

SIDES: chips | mash | steamed veg | roast veg | side salad**SAUCES:** café de paris butter / gravy (GFO) / mushroom / garlic / red wine jus / diane / pepper brandy / tomato / bbq**EXTRA SIDES:****chips \$6** (7.5 NM) / **mash \$5** (6.5 NM) / **steamed veg \$7** (8.5 NM) / **roast veg \$7** (8.5 NM) / **side salad \$5** (6.5 NM)

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CLASSICS

	M	NM		M	NM
CHICKEN SCHNITZEL big 300g chicken schnitzel, served with your choice of sauce & two sides: chips creamy mash steamed veg roast veg side salad	25.5	29	CRUMBED STEAK your choice of sauce & two sides: chips creamy mash side salad steamed veg roast veg	25	28.5
BEEF PIE classic housemade beef & mushroom pie, served with creamy mash potato & gravy	24	27	FISH & CHIPS (I) (DF) beer battered flathead with lemon & tartare sauce, served with chips	22	25
ROAST OF THE DAY (GFO) (DF) served with seasonal veg & gravy	23	26	HOUSEMADE RISsoles beef rissoles, served with veg, creamy mash potato, beer & onion gravy	22	25
BANGERS & MASH thick sausages, creamy mash potato, with beer & onion gravy	22	25	CHICKPEA, COCONUT & VEGETABLE CURRY (GFO) (DF) (V) served with steamed basmati rice	22	25

SALADS

	M	NM		M	NM
CAESAR SALAD cos lettuce, bacon, egg, croutons, parmesan & caesar dressing <i>white anchovies included on request, free of charge</i>	22	25	THAI BEEF SALAD (GFO) (DFO) marinated beef strips, lettuce, carrot, cherry tomato, onion, cabbage, fried noodles & shallots, with chilli soy dressing	24	27
CHAR SUI PORK SALAD (GFO) (DFO) char sui marinated pork, mesclun, cherry tomato, onion, carrot, cabbage, fried shallots & roasted cashew nuts with chilli soy dressing	24	27	ADD A TOPPER grilled chicken \$7 (8.5 NM) / fried chicken \$8 (9.5 NM)		

BURGERS

ALL BURGERS SERVED WITH A SIDE OF CHIPS - GLUTEN FREE BREAD AVAILABLE FOR \$2.5

	M	NM		M	NM
THE WORKS BURGER house made beef patty, bacon, egg, lettuce, red cheddar, tomato, onion, pickles, beetroot, pineapple, mustard, with bbq sauce on brioche	26	29.5	SOUTHERN FRIED CHICKEN BURGER southern fried chicken piece, lettuce, tomato, onion, buffalo sauce & aioli on brioche	24	27
STEAK SANDWICH steak, bacon, red cheddar, lettuce, tomato, onion, beetroot, with bbq sauce on turkish bread	26	29.5	CLASSIC CHEESEBURGER housemade beef patty, red cheddar, pickles, mustard, with bbq sauce on brioche	20	23

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SMALL PLATES

IDEAL FOR SMALLER EATERS & CHILDREN

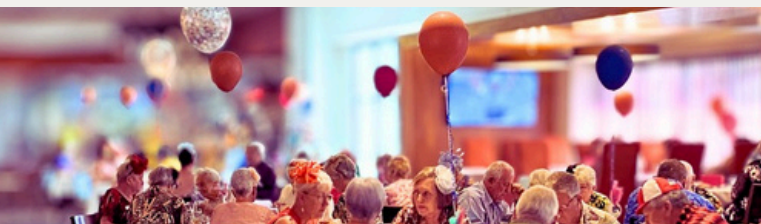
	M	NM		M	NM
1/2 PARMIGIANA served with chips & salad or veg	19	21.5	CHICKEN NUGGETS & CHIPS	14	16
MINI ROAST GFO DFO small serve: roast of the day & veg	16	18.5	MINI BOLOGNAISE GFO DFO	12	14
1/2 SCHNITZEL (150G) served with chips & salad or veg	16	18.5	MINI FISH & CHIPS (I)	14	16
			HAWAIIAN PIZZA & CHIPS	14	16

DESSERTS

	M	NM		M	NM
PAVLOVA GFO DFO served with whipped cream & seasonal fruit	12	14	MANGO PANNA COTTA GF served with seasonal fruit & passionfruit coulis	14	16
CHOCOLATE BASQUE CHEESECAKE GF served with raspberry sorbet	14	16	CRÈME BRULÉE served with almond biscotti	14	16



Barista-made beverages are available to order at Zest Restaurant



HOST YOUR NEXT EVENT WITH US

Email functions@tsports.com.au for more information on how we can make your next event a success!

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